

CHANGE MAKER CHECKLIST

LEVEL ONE

-  INVEST IN A REUSABLE WATER BOTTLE IN PLACE OF SINGLE USE PLASTIC BOTTLES
-  DOWNLOAD ECOSIA AS YOUR MAIN SEARCH ENGINE (PLANT TREES!)
-  USE A REUSABLE BAG WHEN YOU GO GROCERY SHOPPING
-  RINSE AND RECYCLE ALL EMPTY PLASTIC, PAPER, CARDBOARD, CANS AND CONTAINERS
-  REPLACE PLASTIC STRAWS WITH GLASS, METAL, OR SILICONE RESUABLE STRAWS
-  INVEST IN OR START USING YOUR GLASS CONTAINERS FOR MORE USES INSTEAD OF PLASTIC CONTAINERS
-  CUT DOWN YOUR SHOWER TIME!
-  WATCH A DOCUMENTARY TO LEARN MORE ABOUT THE ENVIRONMENT.
-  SPREAD THE WORD ABOUT THE GYCD CLIMATE CHALLENGE ON YOUR SOCIAL MEDIA ACCOUNT(S) BY FOLLOWING THE INSTRUCTIONS ON OUR SOCIAL MEDIA TOOLKIT. THEN TAG 3 FRIENDS TO JOIN THE CHALLENGE!
-  WEAR FABRIC/REUSABLE FACE MASKS IN PLACE OF DISPOSABLE MASKS
-  IF YOU HAVE TO USE A DISPOSABLE MASK, CUT OFF THE STRAPS EVERY TIME YOU DISPOSE OF THEM
-  COMMIT TO TAKING THE #30WEARSchALLENGE

FOR SUGGESTIONS AND RESOURCES FOR HOW TO COMPLETE EACH GOAL, VISIT:
WWW.CLIMATEDATABASE.ORG/BLOG/CATEGORIES/CLIMATE-CHALLENGE

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